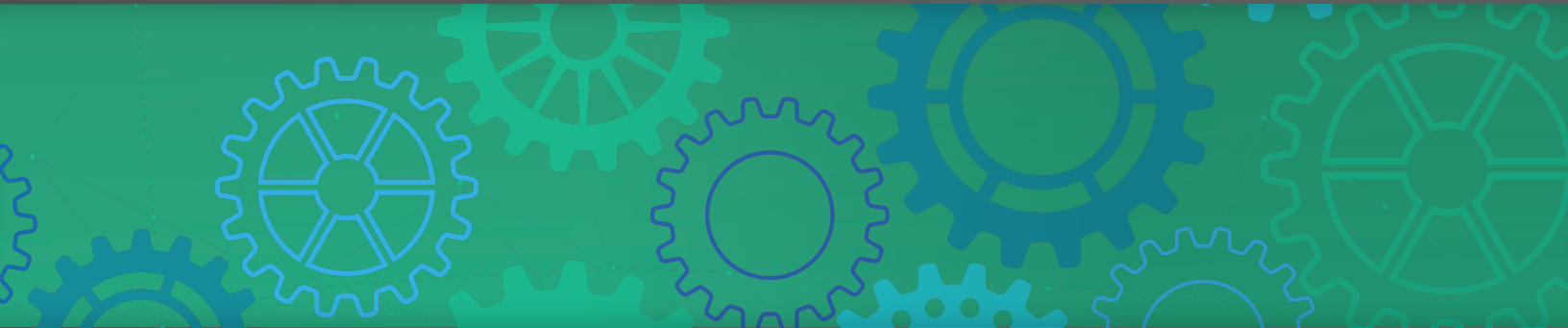




COMMUNITY HEALTH CENTRES
OF NORTHUMBERLAND

Building a Healthier Community Together



2025 - 2026
ANNUAL REPORT

LAND ACKNOWLEDGMENT

The Community Health Centres of Northumberland respectfully acknowledge that we are located within, and are honoured to provide care on, the traditional territory of the Mississauga Anishinabeg, and Chippewa Nations, collectively known as the Williams Treaties First Nations which include: Curve Lake, Hiawatha, Alderville, Scugog Island, Rama, Beausoleil, and Georgina Island First Nations.

The Community Health Centres of Northumberland recognize the Williams Treaties First Nations are the stewards and caretakers of these lands and waters in perpetuity and will continue to maintain this responsibility to ensure the health and integrity for generations to come. We all share a responsibility to respect and protect the lands and waters that give us life and sustain us.

As an organization, we are committed to advancing the Truth and Reconciliation Commission's Calls to Action. We also recognize that reconciliation is a personal journey – one that each member of our team undertakes through ongoing learning, unlearning, and deepening their understanding of the land we share and our responsibilities to it and its original caretakers.

2024-2027 STRATEGIC GOALS

HEALTH EQUITY

We will commit to meeting the unique and diverse needs of our clients through fair, inclusive and accessible programs and services.

COMMUNICATIONS, ADVOCACY AND EXTERNAL RELATIONS

Promote awareness of the CHCN to make the model of health and wellbeing understood, keeping it at the forefront of community and provincial health agendas.

FUNDING & FUNDRAISING

Creatively grow the organization's fundraising capacity and reinforce financial sustainability.

QUALITY IMPROVEMENT & KNOWLEDGE

Develop the people, skills, conditions, and systems to enable continuous quality improvement, safety, knowledge and staff wellbeing.

LEADERSHIP & COLLABORATION

Build partnerships to create integrated health systems, programs and services that enhance organization and community wellbeing.

TECHNOLOGY & SECURITY

Develop and maintain the secure infrastructure for safe and dependable digital health.

MISSION

The Community Health Centres of Northumberland takes leadership in creative health promotion, diligent illness prevention and inter-professional treatment services in an inclusive, responsive and safe environment.

VISION

Healthy People, Healthy Partnerships, Healthy Communities, Healthy Teams.

VALUES

- Respectful client-centred care.
- Meaningful collaboration with our clients, partners and communities.
- Excellent care in an inclusive, non-judgmental environment.
- Strategic innovation to achieve continuous improvement.

MESSAGE FROM THE **EXECUTIVE DIRECTOR**



As I reflect on my first 6 months as Executive Director of the Community Health Centres of Northumberland (CHCN), I am filled with gratitude for the warm welcome I have received from our staff, Board of Directors, volunteers, community partners, and the broader Northumberland community. It has been a privilege to join an organization with such a strong reputation for improving the health and well-being of the people we serve.

I would also like to recognize and thank former Executive Director, Taryn Rennicks, for her leadership and dedication to CHCN. I am grateful for the strong foundation she helped build and the lasting impact she has had on our organization and community.

This past year has been one of significant momentum and growth for CHCN. We celebrated the announcement of a \$913,000 investment through Ontario's Primary Care Action Plan, in collaboration with the Ontario Health Team of Northumberland and local primary care partners. This funding will help expand team-based care and connect more residents without a medical provider, to the services they need. We are also excited to enhance services at our Rural Outreach Clinic satellite site, in Colborne, bringing care closer to underserved and rural communities.

Through a \$123,000 investment from the Ontario Trillium Foundation, CHCN is expanding the Community Food Market into Grafton and Colborne, increasing access to affordable, nutrient-dense food across rural Northumberland.

CHCN has taken a lead role in supporting Health Care Connect, working with Ontario Health atHome, the Ontario Health Team of Northumberland, and local physicians, to help unattached residents connect to primary care. Through the dedicated efforts of our team, we help manage the local waitlist and facilitate patient attachment opportunities across the county.

We also continue to strengthen our valued partnership with Alderville First Nations and reaffirm our commitment to Truth and Reconciliation. As a foundational step, CHCN is providing Indigenous Cultural Safety and Humility training to all staff and Board members while striving to identify meaningful actions that strengthen relationships, advance health equity, and support the Truth and Reconciliation Commission's Calls to Action.

Looking ahead, we are extending our Strategic Plan through 2030 while refreshing our operational priorities to ensure our resources, partnerships, and efforts remain focused on meeting the evolving needs of our communities.

Another exciting priority has been the development of CHCN's first fundraising and philanthropy strategy. While government funding supports our core services, community investment helps us grow. We are deeply grateful to our donors and supporters and look forward to building new partnerships with businesses, organizations, foundations, and community leaders who share our vision for healthier communities.

My focus during these past six months has been on listening, learning, and relationship-building; ensuring CHCN is well-positioned for the future through recruitment planning, strengthening partnerships, advancing collaboration, and building a foundation for sustainable growth and community impact.

While the challenges facing health care continue to evolve, so too do the opportunities for innovation, alliances, and positive change. I am incredibly optimistic about CHCN's future and honoured to be part of an organization that makes such a meaningful difference in the lives of so many people.

Together, we are building healthier communities and a stronger future for Northumberland County.

With sincerity,

Chiara Campitelli-Thompson
Executive Director

MESSAGE FROM THE **BOARD CHAIR**



This year was one of significant transition, growth, and progress for the Community Health Centres of Northumberland (CHCN).

A major milestone was the transition in leadership. We said farewell to our long-serving Executive Director, Taryn Rennicks, whose dedication and leadership helped shape CHCN and strengthen its foundation. We also welcomed our new Executive Director, Chiara Campitelli-Thompson, who joins the organization at an exciting time and will help guide CHCN into its next chapter. Supporting an inclusive and successful recruitment process was a key priority for the Board, ensuring strong leadership for the future and positioning the organization for continued impact and sustainability.

Throughout this period of change, our staff and volunteers demonstrated remarkable professionalism, resilience, and commitment. Their dedication ensured continuity of care and support while enabling CHCN to continue serving the community with excellence.

Over the past year, CHCN made meaningful progress across its strategic priorities. Our commitment to health equity was strengthened through initiatives that improve access to care and address barriers faced by underserved populations. Provincial investments in primary care and community-based supports will help more Northumberland residents access services closer to home, while programs such as the Community Food Market continue to address the social determinants of health that influence overall well-being.

Collaboration remained central to our work. CHCN partnered with healthcare providers, community

organizations, Indigenous partners, and members of the Ontario Health Team of Northumberland to support a more integrated and responsive health system. The significant investment in team-based primary care announced this year reflects the strength of these partnerships and a shared commitment to improving access to care across the county.

The Board also remains committed to fundraising as an important pillar of organizational sustainability. Strengthening our fundraising capacity will help ensure CHCN can respond to growing community needs while maintaining long-term resilience.

We also advanced our priorities related to quality improvement, learning, and culturally safe care. The Board's participation in health equity education and San'yas Indigenous Cultural Safety Training reflects our ongoing commitment to reconciliation, inclusion, and informed governance.

As we look ahead, we remain confident in CHCN's direction and committed to the priorities that will guide our work. Together with our staff, volunteers, partners, funders, donors, and community members, we will continue building healthier, more equitable communities across Northumberland.

On behalf of the Board of Directors, thank you to our staff and volunteers for the care, dedication, and passion you bring to our mission every day.

With gratitude,

Barbara Weiss, ND
Chair, Board of Directors

2025 · 2026

BOARD OF DIRECTORS

Anna Cooper

Barbara Weiss
Board Chair

Bob Biffin
Vice-Chair

Dennis Hogarth
Treasurer

Frank Ipsen

Garth Dee

Melanie Oda

Mima Markicevic

Mitchell Benson

Morris Tait

Robert (Bob) Gibson

Stephanie Ross

CHCN STAFF
OUR TEAM

Adam Hudson
Community Dietitian

Ajo Baby
Mental Health RN

Albert Esses
Denturist

Allison Mitchell
Medical Receptionist

Alyssa Seltzer
Part Time CFO

Andrea Smith
MINT Memory Clinic
RPN/Admin.

Ashley Koehl
Dental Assistant

Ben Verbruggen
RPN

Brooke Hand
Manager Specialized
Programs

Carolyn Rutherford
Community Health
Worker

Catherine Malyczewsky
Medical Secretary

**Chiara Campitelli-
Thompson**
Executive Director

Chris Hill
Social Worker

Cori Bainton
Program Manager

Denise Tanguay
Dental Receptionist/
Assistant

Doug Dixon
Director of Corporate
Services

Edward Scea
Social Worker (GAIN)

Emily Dolan
Summer Program
Facilitator

Emma Tedford
Physician

Frances Murphy
Diabetes Nurse Educator
(DEC Team)

Heather Byrne
Dietitian (DEC Team)

Hetal Bhalala
Pharmacist (GAIN)

Jane Spencer
Nurse Practitioner

Janet Marchand
Nurse Practitioner

Jenn Braun
Physician

Jennifer McCluskey
Personal Support
Worker (GAIN)



Kate Turner
Dental Hygienist

Khashayar Ghahremani
Dentist

Kim Davis
Program Coordinator
(DEC Team)

Kristen Hipwell
Dietitian (DEC Team)

Kylie Morton
Manager Specialized
Programs

Kym Ware
Dental Assistant

Lacey Lefort
Community Connector

Lauren Parr
Dental Hygienist

Leah Cobierski
Foot Care Nurse (DEC Team)

Lucy Hampson
RPN - MINT Memory Clinic

Mackenzie Gariepy
Dental Assistant

MacKenzie Brackenridge
RPN (GAIN)

Mandy McConkey
Community Health Promoter

Marietta Marco
Behavioural Support Nurse
(GAIN)

Marley Budreau
Clinical Director

Nancy Duncan
Medical Secretary

Natasha Kryger-Wilson
Clinical Program Assistant/
RPN (GAIN)

Needi Shah
Dentist

Noelle Ward
Trans Health Peer Supporter

Olivia Lawson
Data & Financial
Analyst

Pam Chapman
Social Worker

Roohee Mansoor
Dentist

Ron VanHoof
Physician

Roseanne VanHoof
Nurse Practitioner

Rosemary Koomen
Housekeeper

Samantha King
Nurse Practitioner (GAIN)

Sarah Pilatzkie
Assistant Dental Manager

Tahlia Ulloa
Dietitian (DEC Team)

Tammy Kantor
RPN / OTN Coordinator

Tanis Twiddy
Nurse Practitioner

Taryn Rennicks
Executive Director

Terese Crombie
Medical Secretary

Tiffany Dadula-Jardin
Diabetes Nurse Educator
(DEC Team)

Tyler Kempt
IT System Administrator

Ursula Doucette
Diabetes Nurse Educator
(DEC Team)

Yasir Khan
Physician

Z Rich
Summer Program Assistant

Zuretha Langenhoven
Diabetes Nurse Educator
(DEC Team)



CHCN PROGRAMS

COMMUNITY

The CHCN's Community Team consists of a Registered Community Dietitian, Health Promoter, Community Health Worker, Community Program Assistant, Community Connector and Food Market Coordinator who work with clients, community members and community organizations to develop and provide health promotion programs, activities and strategies, including the following:

Food and Nutrition

Nutritional Counselling, Food Cupboard, Food Market, Sharing Garden and Community Lunch.

- **The Food Cupboard served clients 298**
- **The Nutrition Program served clients 436**

Health and Wellness

The Community Team delivers a diverse range of health and wellness programs designed to support clients and community members in leading active,

connected, and healthy lives. Offerings include exercise classes, social gatherings, an Acquired Brain Injury support group, a book club, youth drop-in sessions, the Home Alone Course, the Plants to Plates summer program, and many more initiatives tailored to meet evolving community needs.

Exercise Program completed 575 exercise group sessions.

Social Prescribing

A holistic approach that connects individuals to community resources to reduce isolation and improve wellbeing. The Community Connector links clients with providers and supports, helping overcome barriers to access. **The program has supported 139 clients through 634 encounters, strengthening connections and access to care, with two volunteers providing friendly calls to reduce loneliness.**



COUNSELLING

The CHCN Counselling team provide counselling and therapeutic groups for clients of all ages and stages of change.

The team provides ADHD assessments and Eye Movement Desensitization and Reprocessing (EMDR), where deemed appropriate.

The CHCN partners with Northumberland Hills Hospital Community Mental Health Services to provide a Mental Health Walk-in Clinic, operating in Cobourg. CHCN Counsellors provide virtual and on-site services through the Mental Health Walk-in Clinic two afternoons per week. **This partnership completed 83 Walk-In client encounters.**

Current therapeutic group offerings include: Hoarding Cognitive Behavioural Therapy, Caregiver Support Group, Gender Journeys Support Group, Powerful Tools for Caregivers, in collaboration with Central East Self-Management Program, Forest Bathing, in partnership with the CHCN Diabetes Education team and Healing Trauma Yoga.

The CHCN Counselling Team served 328 unique clients and completed 1,471 client encounters.



DENTAL

The CHCN Dental Team is comprised of Dental Assistants, an Assistant Dental Manager, Dental Hygienists, Dental Receptionist, a Denturist and Dentists. The team provides accessible dental care to anyone in need, with services including:

- Teeth cleaning, checkups and digital x-rays
- Tooth removal
- Fillings
- Root canals
- Crowns and bridges
- Dentures
- Implants
- Pediatric dental sedation

The CHCN Dental Team provides care to those who cannot access dental treatment due to financial barriers, such as those receiving Ontario Works, Ontario Disability Support, Ontario Seniors Dental Care Program, Healthy Smiles Ontario and those with a low annual income who do not have access to dental benefits. We also support those qualifying for the NIHB program, Canadian Dental Care Program and those with private insurance.

This year the CHCN Dental Team completed 5,156 client visits, seeing 4,165 clients and enrolled 171 new clients.



DIABETES EDUCATION

Through a team of Registered Dietitians and Registered Nurses, the Diabetes Education team supports Adults with Type 1 Diabetes, Type 2 Diabetes, Gestational Diabetes, Prediabetes, those who are at risk of developing diabetes, and those who are on insulin pump therapy. The program offers individual counselling and/or group workshops that support people living with or at risk of type 2 diabetes (e.g. those with prediabetes).

Staff provide outreach in a number of locations throughout Northumberland County, including:

- The Cobourg Community Centre
- The Colborne Rural Outreach Clinic
- Alderville First Nation
- The Alnwick Civic Centre in Roseneath

The team is supported by a Foot Care Nurse and a Program Coordinator. In addition, the Diabetes Education Team hosts regular virtual Endocrinology clinics, in collaboration with Drs. Gilbert and Handa.

The Diabetes Education Team served 1,662 clients, finishing 5,963 encounters. As well, our Foot Care Nurse treated 121 unique clients.



CHCN PROGRAMS

GERIATRIC ASSESSMENT AND INTERVENTION NETWORK (GAIN)

The GAIN Team continues to provide short-term specialized geriatric assessment and intervention services designed for older adults living with complex geriatric syndromes, including cognitive impairment, dementia, falls, frailty, polypharmacy, behavioural concerns, functional decline, and other age-related medical complexities that are impacting independence and quality of life.

Through an interdisciplinary model that includes nursing, pharmacy, social work, behavioural support, personal support, and geriatric-focused care coordination, the GAIN Team provides comprehensive geriatric assessment, treatment recommendations, system navigation, and targeted short-term interventions aimed at stabilizing clients and supporting safe transitions back to primary care and community support whenever possible.

This year our GAIN interdisciplinary team completed **3,233 visits and 3,795 encounters, supporting 444 unique clients.**

They also completed **140 Comprehensive Geriatric Assessments (CGAs), received 306 referrals. Proportion (%) of clients discharged after achieving their goals or showing improved functional ability was 33%.**

As the needs of the aging population continue to grow, the GAIN Team remains committed to providing responsive, evidence-informed, and person-centred care that supports aging in place, reduces unnecessary hospital utilization, and improves quality of life for seniors and their caregivers.



MINT MEMORY CLINIC

The MINT Memory NP-led Clinic continues to provide specialized assessment, diagnosis support, care planning, and system navigation services for individuals experiencing mild to moderate memory concerns and cognitive decline who do not yet have a formal dementia diagnosis.

The clinic supports provincially aligned priorities focused on early identification, timely assessment, intervention, and improved access to community-based dementia care.

This year, the clinic served **106 unique clients and completed 177 encounters through a collaborative interdisciplinary model. Significant**

improvements in this fiscal year includes: decrease in wait times from Q3 to Q4 by 26%; increase in total

number of encounters from FY 2024/25 to FY 2025/26 by 13%, and an increase in unique clients served from FY 2024/25 to FY 2025/26 by 74%.

The MINT Clinic works collaboratively with primary care providers and community partners to support earlier identification of cognitive impairment, reduce unnecessary specialist referrals and emergency department utilization, and improve access to coordinated dementia-related care and resources within the community.

Through an interdisciplinary and client-centred approach, the clinic provides comprehensive cognitive assessment, education, medication review, treatment planning, caregiver support, and linkage to appropriate community services to help individuals maintain independence and quality of life within their homes and communities for as long as possible.



PRIMARY CARE

The CHCN Primary Care Team continues to play a vital role in supporting accessible, equitable, and comprehensive services for individuals and families across Northumberland County. **Through an interdisciplinary and client-centred approach, the team provided 15,549 clinical encounters this year, serving 3,003 unique clients and enrolling 163 new clients into ongoing primary care services.**

Primary Care at CHCN extends beyond traditional medical models, with a strong focus on prevention, chronic disease management, mental health support, health promotion, outreach, and addressing the social determinants of health. The team continues to support many individuals experiencing barriers to access, including unattached patients, vulnerable populations, individuals experiencing homelessness, and those living with complex medical and social needs.

CHCN also continues to serve as the Health Care Connect (HCC) Health Information Custodian (HIC) for Northumberland County, working collaboratively with OHT-N partners to support the attachment of

unattached patients to primary care providers across the region. This work aligns with provincial primary care attachment priorities and the mandate to improve timely access to primary care services for all Ontarians.

Through collaboration, advocacy, innovation, and compassionate service delivery, the Primary Care Team remains committed to improving health outcomes and strengthening community wellbeing across Northumberland County.



ROC in Colborne

This year also saw significant advancement in the planning and development of the Rural Outreach Clinic (ROC) model in partnership with the Ontario Health Team Northumberland (OHT-N) and community stakeholders. Through Integrated Primary Care Team (IPCT) funding support, CHCN is advancing an innovative rural outreach and primary care attachment initiative focused on improving equitable access to services within underserved and rural communities. **Collaboratively, the initiative aims to support the rostering and attachment of approximately 2,100 patients by 2027, while strengthening sustainable, integrated community-based models for the future.**



CHCN STAFF MILESTONE

18 YEARS

Jane Spencer - Nurse Practitioner
Terese Crombie - Community Program Assistant

17 YEARS

Tammy Kantor - RPN
Nancy Duncan - Medical Secretary
Janet Marchand - Nurse Practitioner

16 YEARS

Chris Hill - MSW

15 YEARS

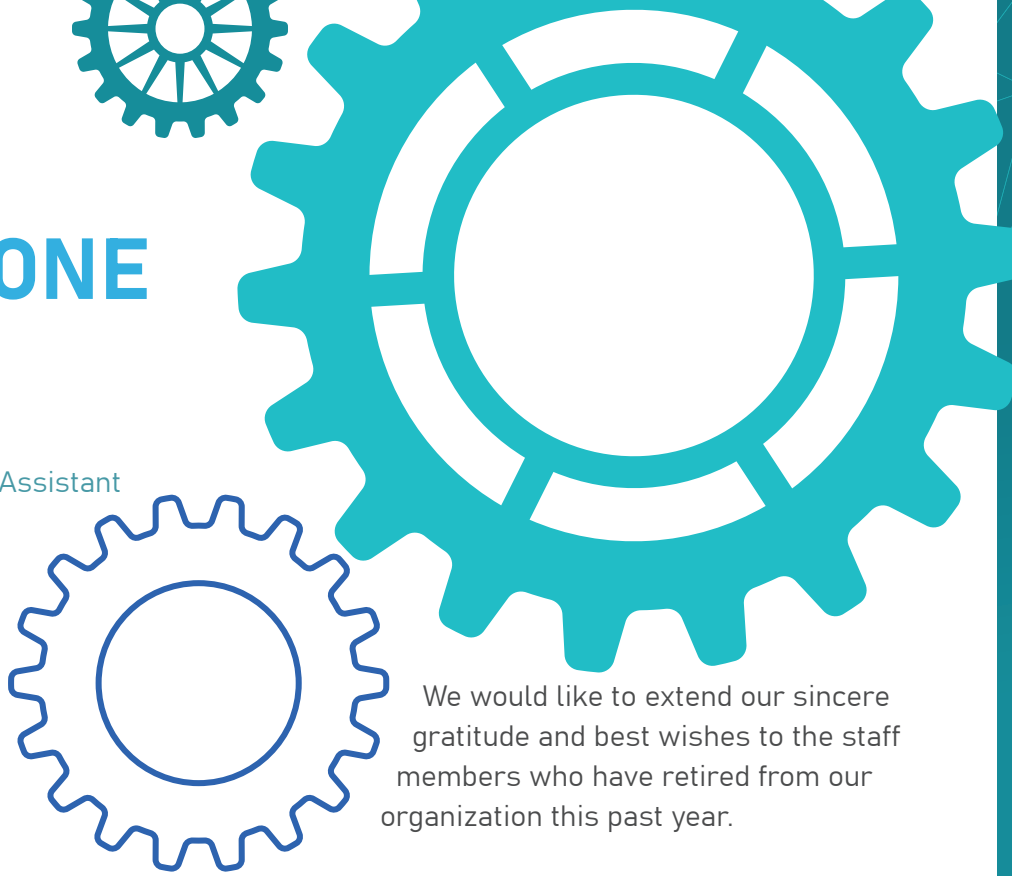
Adam Hudson - Community Dietitian
Kim Davis - Program Coordinator - DEC Team
Heather Byrne - Dietitian DEC Team
Frances Murphy - Diabetes Nurse Educator - DEC Team
Mandy McConkey - Community Health Promoter

10 YEARS

Tyler Kempt - IT System Administrator
Kym Ware - Dental Assistant
Hetal Bhalala - Pharmacist (GAIN Team)

5 YEARS

Zuretha Langenhoven - Diabetes Nurse Educator - DEC Team
Sam King - Nurse Practitioner - GAIN Team
Tiffany Dadula-Jardin - Diabetes Nurse Educator - DEC Team



We would like to extend our sincere gratitude and best wishes to the staff members who have retired from our organization this past year.

Each retiree has made a lasting contribution through their dedication, professionalism, and commitment to serving our community. Their knowledge, compassion, and leadership have helped shape our organization and strengthen the care and services we provide.

On behalf of the Board of Directors, leadership team, colleagues, and the communities we serve, we thank them for their years of service and the positive impact they have made. Their contributions leave a legacy that will continue to benefit our organization for years to come.

We wish our retirees happiness, good health, and fulfillment as they begin this new chapter. Congratulations on a well-earned retirement and thank you for all that you have given.

Rosemary Koomen - Housekeeper
Ron VanHoof - Physician
Roseanne VanHoof - Nurse Practitioner
Doug Dixon - Director of Corporate Services

CHCN VOLUNTEERS

Our volunteers play a vital role at CHCN, each bringing their own unique talents and strengths that help broaden and enrich the work we do. It has been truly rewarding to see our volunteer program continue to grow over the past year. We successfully welcomed 9 new volunteers who have contributed to our food security initiatives, administrative support, and increasing support for our Social Prescribing program.

Volunteering goes beyond simply giving time and effort—it also fosters stronger social connections, enhances overall well-being, and reflects a shared dedication to making a meaningful difference. Together, our volunteers help amplify our collective impact and strengthen our community.

VOLUNTEERS:

Betty Beharry Lall
Bonnie Young
Brenda Arrand
Brenda Weir
Carmen Wigmore
Carol Blaind
Catherine Hublau-Rich
Celia Crangle
Claire Correia
Colleen Budd
Debra Slack
Diane England
Dorothy Potter
Emily Dolan
Eve Dupras
Gail Hitchcock-Layfield
Gord Budd
Heather Powell
Jane Rumgay
Jane Storie
Jay Sherwin
Jennifer Tenody

Joanne Lyon
Karen Lyncook
Ken Dalby
Laurie-Ann Cressey
Les Holloway
Lesley Barclay
Linda Dunn
Louise Sirtonski
Lynda Biffin
Marie Jones
Mary Coleman
Maureen Holloway
Michelle Carr
Mike Alfano

Mike Maltby
Natalie Komel
Pamela Tate
Raymond Davis
Rose MacInnes
Sal Heinrichs
Sandra Comeau
Sandra McIlveen
Shanakay Hall
Sharon Cooksey
Sheryl Caron
Stuart Burkimsher

Suzanne Burns
Sylvia Saunders
Teresa Tsuji
Terry Holmes
Tom Koetje
Viola Warren
Vicki Bobiash



Volunteer Hours:
3,729

2025 · 2026

COMMUNITY, CLIENT & FAMILY ADVISORY ROUNDTABLE (CCFAR) MEMBERS

Beja Rodeck
Blair Smith
Bruce Forrest

Frank Ipsen
Howard Goodfellow
Louise Sirtonski

Mary Bates
Melanie Oda
Michelle Carr

Robert (Bob) Gibson
Sharon Mugford
Teresa Colangelo

CHCN CLIENT STORIES

“MARIETTA”

Due to a lack of access to food and social isolation, Marietta was identified as high risk after disclosing suicidal ideation. Members of our Social Prescribing Team immediately scheduled home visits to Marietta to offer emotional support as well as provide her with food from our Food Cupboard. Since the initial intervention, Marietta regularly meets with one of our social workers for counselling and receives meal provision from our Food Cupboard program. This continued contact and practical support has contributed to her stabilization, reduced risk, and given her a newfound hope for life.

“RON”

When Ron started noticing a shift in his memory, he was both unsure and fearful of what his future looked like. Through a referral to our GAIN program, he was able to receive a full assessment and get connected with our community connector. Since then, Ron has been coming to our community programming such as the Dancing with Parkinson’s class and has expressed an interest in volunteering for the center. Not only does Ron have a better understanding of his health and personalized care plan, but he has found a supportive and welcoming community within the CHCN. “Everybody is in a good mood, everyone is helpful, the whole place is amazing.”



“TRISH”

Following her diabetes diagnosis, Trish felt overwhelmed about how much her lifestyle was going to change. While still having to raise her family and go to work, Trish felt extremely lonely in the beginning stages of her diagnosis. Through being referred to our diabetes team, Trish was able to access our community support group for those living with diabetes. Not only was Trish able to better understand managing diabetes, physical activity, and healthy eating habits, but the group made her feel more supported. Trish shares, “when I attend the diabetes support group, I become more confident about living with diabetes and feel less isolated. Hearing other’s stories and experiences has been extremely helpful.”

“ROBERT”

During a recent food delivery, one of our primary care and food support clients, Robert, shared a concern about an infection on his leg. Due to a lack of access to a phone and transportation, connecting with care was a barrier for him. In response, our community dietitian was able to gain consent and securely send a photo of the infection to one of our nurse practitioners in primary care. The nurse was able to make an assessment and prescribe the appropriate medication which was sent directly to the pharmacy. Robert was able to receive their treatment the same day. Our dietitian shares, “Our work goes beyond food delivery. It demonstrates the impact of integrated services in improving access, reducing barriers, and supporting better health outcomes.”

“AMANDA”

When starting her RN practicum in primary care at the Community Health Centres of Northumberland, Amanda was both excited and nervous about this important chapter in her education. Through the safe, engaging, and inclusive learning environment offered by her preceptor, Amanda felt both supported and encouraged in her learning. “During my practicum, I witnessed leadership and an atmosphere where team members felt comfortable, heard, and valued,” shares Amanda. “I am truly grateful for the guidance and support offered by my preceptor and the rest of the CHCN.”

“SUE”

Sue had been missing many teeth including her 2 front teeth for over 12 years. As a long-term volunteer, that has also used other services at the CHCN, Sue knew about the dental program but had avoided it due to fear and financial barriers. After connecting with a dental team member at a CHCN event, she learned that she qualified for dental coverage through the Canadian Dental Care Plan. With some support to overcome her dental fears, she now has restored her oral health and has a beautiful smile. “I have never not had pain leaving a dental office, mine was a totally awesome experience!”

OUTREACH LOCATIONS



Port Hope:

- Food Cupboard
- NP - Greenwood Towers
- Child & Youth Outreach Program
- Senior Social Outreach Program

Cobourg:

- NP - Greenwood Coalition Migrant Farm Workers
- MD - Cornerstone Family Violence Prevention Centres
- Diabetes Team - Cobourg Community Centre
- Child & Youth Outreach Program
- Senior Social Outreach Program

Grafton:

- Mobile Food Market

Colborne

- NP - Rural Outreach Clinic
- Diabetes Team - Rural Outreach Clinic
- Mobile Food Market

Alderville:

- NP - Alderville First Nations
- Diabetes Team - Alderville First Nations

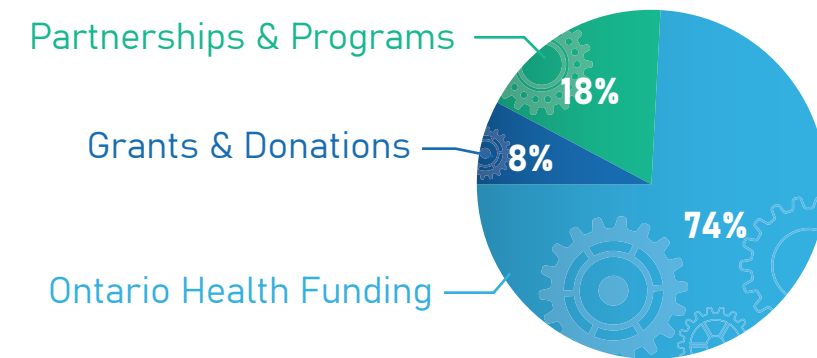
Roseneath:

- Diabetes Team

FINANCIAL REPORT

Fiscal Year 2025/26 (April 1, 2025 - March 31, 2026)

EXPENSES BY SOURCE

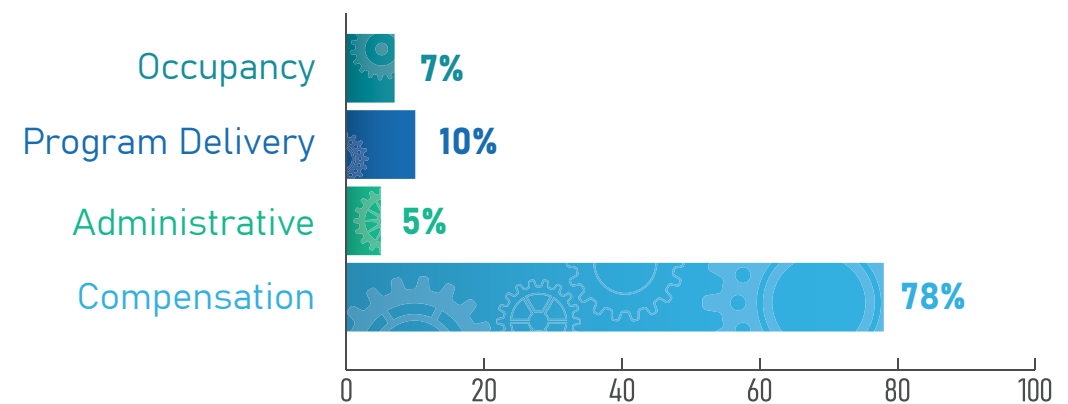


REVENUE

2025 - 2026

| | |
|-------------------------|--------------------|
| Ontario Health Funding | \$6,646,505 |
| Partnerships & Programs | \$1,626,141 |
| Grants & Donations | \$722,311 |
| TOTAL REVENUE | \$8,994,957 |

EXPENSES BY CATEGORY



EXPENSES

2025 - 2026

| | |
|-----------------------|--------------------|
| Compensation | \$6,702,967 |
| Administrative | \$449,251 |
| Program Delivery | \$797,787 |
| Occupancy | \$620,269 |
| TOTAL EXPENSES | \$8,570,274 |

PHILANTHROPY & FUNDRAISING STRATEGY (2026–2027)

PURPOSE

Government funding allows CHCN to deliver important healthcare services, but it does not fully cover the cost of innovation, outreach expansion, food security initiatives, health promotion, community development, or emerging community needs. Fundraising will help CHCN strengthen its impact, expand opportunities for care, and build stronger connections with the communities we serve.

Year 1 Goal: Build the Foundation

Over the next 12 months, CHCN will be focusing on building the infrastructure, relationships, awareness, and systems required for long-term fundraising success. This will include:

- Understanding the needs of our clients and community
- Building a culture of philanthropy
- Strengthening awareness & brand Recognition
- Storytelling
- Building fundraising infrastructure
- Building relationships
- Establishing new corporate sponsorships

By March 2027, CHCN will have:

- A stronger community identity and awareness
- Improved donation platforms and website presence
- A growing database of donors, partners, and supporters
- A library of impact stories
- Established grant and corporate outreach pipelines
- Clear data on what works and what doesn't
- A strong foundation for a comprehensive 2027–2030 Fundraising & Development Strategy

Our strategy is aimed at building the relationships, systems, visibility, and organizational capacity needed to create a fundraising program that strengthens community health across Northumberland County for years to come.



HOW YOU CAN HELP CHCN



DONATE

Scan this QR code or visit [CHCN.me/Donate](https://chcn.me/Donate) to help financially support CHCN.



VOLUNTEER

Scan this QR code or visit: [CHCN.me/Volunteer](https://chcn.me/Volunteer) to see how you can volunteer with CHCN.



SIGN UP FOR OUR NEWSLETTER

Scan this QR code or visit: [CHCN.me/Newsletter](https://chcn.me/Newsletter) to stay connected with CHCN and learn about upcoming programs and events.

Thank You!

At Community Health Centres of Northumberland, our impact is only possible because of the collective efforts of so many individuals, organizations, and partners who believe in healthier, more connected communities.

To our staff and volunteers, thank you for your compassion, dedication, and unwavering commitment to those we serve. Your work changes lives every day, often in ways that are unseen but deeply meaningful.

To our Board of Directors, thank you for your leadership, guidance, and stewardship of our mission.

To our community partners, health care providers, municipalities, Indigenous partners, schools, service clubs, businesses, and local organizations, thank you for your collaboration and shared commitment to improving the health and well-being of Northumberland County.

To our donors, funders, sponsors, and supporters, thank you for investing in our vision and helping us expand our impact. Your generosity allows us to reach further, innovate, and respond to emerging community needs.

Most importantly, to the clients, families, and community members who place their trust in us, thank you for allowing us to be part of your health and wellness journey.

Together, we are building healthier people, partnerships, and communities, and a brighter future for Northumberland County. We are grateful for your support and look forward to continuing this important work alongside you.

With sincere appreciation,

The Community Health Centres of Northumberland Team



99 Toronto Road, Suite 101, Port Hope ON L1A 3S4

chcnorthumberland.ca