

PLANTS TO PLATES

A food education program developed by the Ecology Action Centre. This program takes a "plants to plates" approach, pairing kitchen skill building with garden activities, making connections between how food is grown and how to prepare nutritious, tasty meals.



JULY 13 – 17, 2026
9:30 AM – 12:00 PM

OR

AUG 10–14, 2026
9:30 AM – 12:00 PM



CHCN
99 TORONTO RD
PORT HOPE

**7-10
YEARS
OLD**



Suggested donation amount is \$50, however we never want finances to be the reason that someone cannot participate, so this program operates on a pay-what-you-can model.



REGISTER NOW



905-885-2626 EXT. 280

WORKSHOPS@CHCNORTHUMBERLAND.CA