

Volunteer Application

Personal Contact Information

Name:	
Address:	
Mailing Address:	
E-mail:	
Can we contact you by e-mail?	
Phone number (home):	
Phone number (cell):	
Emergency Contact Information	
Emergency Contact Name:	
Relationship:	
Emergency Contact Phone number:	
Health information you should know about me:	
I speak the following languages in addition to English:	



Volunteer Opportunities (please pick areas of interest)

	Food Cupboard (Stocking, downsizing, assisting clients)		Food Delivery - Outreach		
	Food Market		Program Admin Assistance		
	Food Cupboard - Meal preparation (soups, etc)		Youth Programs		
	Exercise instructors		Conduct Surveys (either in person or over the phone)		
	Friendly Telephone Check In Calls		Client and Family Advisory Roundtable		
	Health Champion - Social Prescribing Program Support		Community Garden		
	Episodic Opportunities (folding, preparing envelopes, mail outs, Diabetes Expo, etc)		Appointment confirmation (telephone calls)		
Other skills and interest you would be willing to share in a volunteer capacity (i.e. art, knitting, fishing, walking groups, translation support etc.)					
Availability: Please let us know more about your availability to volunteer.					
Days of the week:					
Monday Tuesday Wednesday Thursday Friday					
Times available: Morning Afternoon Evening					
Comments					



Experience and Skills

Please tell us about your work experience, skills and any relevant qualifications:		
Please tell us about any relevant volunteer experience you have had:		
Please tell us about your interests and hobbies. This will help us match you to appropriate volunteer opportunities:		



References: Please try to include one professional (i.e. someone you worked with or volunteered for) and one personal (i.e. a friend who can speak about your character and skills)

1 st Reference:	
Name:	Relationship to you:
Phone numbers:	
Email Address:	
2 nd Reference:	
Name:	Relationship to you:
Phone numbers:	
Email Address:	
Would you like to be added to o and updates about the CHCN?	our mailing list to receive our quarterly newsletter NO
information may be verified and	tion is true and complete. I agree that this I my references may be contacted. If accepted for The ply with the values and procedures in effect or The future.
Signature:	Date:

If you are offered a volunteer role during the interview, you will be required to submit a police check with vulnerable sector screening. If you already have one completed within the last year and is the original copy, please bring this to your interview. Otherwise, a volunteer letter will be issued to you to take to the police station at your interview.