

Important to Know

Who can refer?

GAIN referrals can be made by doctors, nurses, other health providers, families, or individuals.

Location

We offer appointments at our clinic. For clients who have difficulty attending the clinic, we also offer appointments at home.

Your Experience

We want to hear from you. Please share comments you have about the service at 905-885-2626 Ext 254

In addition to the care we provide, we also work closely with your doctor, nurse practitioner and other health care providers.

GAIN - Community Health Centres of Northumberland

99 Toronto Road, Suite 101
Port Hope, ON L1A 3S4

Phone: 905-885-2626 Ext. 254

Toll Free: 1-866-768-2626

Fax: 905-885-6063

www.porthopechc.ca



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Community Team

**Call: 905-885-2626
Ext. 254**



COMMUNITY HEALTH CENTRES
OF NORTHUMBERLAND

What is GAIN?

The Geriatric Assessment and Intervention Network (GAIN) is a system of 12 teams located in East Scarborough, Durham, Haliburton, Peterborough, Kawartha Lakes and Northumberland Counties.

GAIN Teams provide assessment, investigation, diagnosis, treatment, education, support and care to older adults dealing with complex health concerns about:

- memory loss or confused thinking
- walking and mobility
- falls or risk of falls
- bladder and bowel control
- multiple medications
- difficulty coping
- safety issues
- frequent hospital visits



Your GAIN Team



The staff of the GAIN CHCH Team includes:

- Nurse Practitioner
- Occupational Therapist
- Behavioral Support Nurse
- Social Worker
- Pharmacist
- HCCSS Nurse Coordinators
- Personal Support Workers
- Clinical Program Assistant

Our team is also supported by a Care of Elderly Physician, Geriatricians, and a Geri-psychiatrist.

Specialized Geriatric assessments and interventions for frail older adults in Northumberland County

Our Service

GAIN referrals can be made by patients/families, doctors and other health providers.

What You Can Expect

1. Team member(s) will meet with you and your family to **help determine your needs**. This assessment involves various examinations and discussions. It is done using an inter-professional team approach.
2. **Together** we will make a care plan.
3. As part of your health care team, we will provide & help coordinate some of your identified health care needs and work with other members of your health care team including your primary care provider.
4. Once concerns are addressed, you will be likely discharged, with transfer of care to the most appropriate clinician or service.

